

STANDING CALF
JPL-508

◆ The Standing Calf allows the user to isolate and overload their calf muscles in a safe and effective way. The machine has the provision to load plates as well over and above the standard weight stack to overload the muscle.

◆ **DIMENSION:**
Length : 56 inches / 142 cms
Width : 44 inches / 112 cms
Height : 75 inches / 191 cms
Weight Stack : 220lbs / 100kg

◆ **MUSCLE WORKED:**
Gastrocnemius
Soleus
Tibialis Anterior

